**GRADE 3 Health Lesson #6**

**BODY SYSTEMS**

A **C \_\_ \_\_ \_\_** is the smallest living part of the body. **C \_\_ \_\_ \_\_ S** are the building blocks of your body.

Give the names of some of the cells your body has? For example, Muscle Cells.

**\_\_\_\_\_\_\_\_\_\_\_\_ cells, \_\_\_\_\_\_\_\_\_\_\_\_\_ cells, \_\_\_\_\_\_\_\_\_\_\_\_\_\_ cells, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ cells.**

Some cells in your body work together. Cells that work together form **T \_\_ \_\_ \_\_ \_\_ \_\_.**

Tissues that work together form **O \_\_ \_\_ \_\_ \_\_ S.** Your heart is an organ.

When a group of organs work together they form a **B \_\_ \_\_ \_\_ S \_\_ \_\_ \_\_ \_\_ \_\_.**

For example, your heart, blood and blood vessels form the CIRCULATORY SYSTEM.

For example, the stomach, small intestines and large intestines are just some organs that make up the **D \_\_ \_\_ \_\_ \_\_ T I V E** System.

What are some of the major Body Systems you have?

The **Skeletal System** is made up of your **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

The **Muscular System** is made up of your **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

The **Circulatory System** is made up of your **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,** blood and blood vessels.

The main part of your **Respiratory System** are your **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

The main organ of your **Digestive System** is the **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

The main part of your **Nervous System** is your **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

**CARING FOR YOUR BODY SYSTEMS –** You can help your body systems grow and stay healthy by doing these two things.

1. **\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_.**

2 – Get plenty of **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

**Time for Front Door / Back Door Question: when you run for a long time, such as a half of a mile, how many of these 6 body systems do you use? Front Door – 2 Back Door – 3 Clock – 4 Rug – 5 White Board in the front of the room – 6 *circle your answer***